



Telemonitoring Benefit Changes for Texas Medicaid

New Information

Effective October 1, 2020, [telemonitoring benefits will change for Texas Medicaid](#). We've extended the home telemonitoring benefit to include services for pediatric clients with specific conditions.

Benefits for Clients 20 Years of Age and Younger

In addition to the current conditions of diabetes and hypertension, home telemonitoring services will also be a benefit for clients who are 20 years of age and younger with one or more of the following conditions:

- End – stage solid organ disease
- Organ transplant recipient
- Requiring mechanical ventilation

Documentation Requirements Updates

The client's medical record must include data transmission information that demonstrates the use of monitoring equipment, such as the following:

- Date of transmission
- Frequency of transmission
- Clinical data provided to the client's primary care physician, or his or her designee

Telemonitoring Equipment


The telemonitoring equipment must be capable of measuring and transmitting client weight, oxygen levels in blood, glucose levels in blood or blood pressure data. We require scheduled reporting of the client data to the physician at least once every 30 days. The following should report this information: registered nurse (RN), nurse practitioner (NP), clinical nurse specialist (CNS), or physician assistant (PA) in a licensed home health agency or a hospital is responsible for reporting data to the prescribing physician.

Documentation Requirements

Maintaining support for telemonitoring services in the client's medical records by the office providing the service (home health agency or hospital) is necessary and subject to review. Recoupment of all paid telemonitoring services not supported by documentation of medical necessity.

Have questions:

For more information contact our BCBSTX Medicaid Provider Service Center at 1-877-560-8055 or your BCBSTX Medicaid Provider Network Representative at 1-855-212-1615.

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